

XTEERRA®

O-SEE ULTRA TRAIL

O-SEE

**ULTRA
TRAIL**



The longest and toughest miles in the Zittau Mountains Nature Park.



The Fascination of Ultra Trail Running

Passion. Endurance. Versatility.

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Running off the beaten track. Trail running has long established itself as an integral part of the outdoor sports scene. It's not necessarily about mountains or extreme challenges – the focus is on experiencing nature. In 2018, we brought the global trail running trend to the Zittau Mountains for the first time. Ever since, we have given athletes the opportunity to explore new places and achieve their sporting goals. The XTERRA O-SEE Ultra Trail is an event for ambitious athletes, passionate recreational runners and the whole family. Our programme includes routes of up to 100 km, beginner-friendly trails and short cross-country races for kids.

Regional Roots. International Appeal.

Since 2021, the O-SEE Ultra Trail has been part of the global XTERRA Trail Marathon Series – the only event of its kind in Germany.

XTERRA Trail Run World Series

The XTERRA Trail Run World Series invites runners of all abilities – from passionate recreational runners to ambitious athletes – to discover some of the most beautiful and challenging trails around the world. From the tropical trails of the Asia-Pacific region and the majestic mountain ridges of Europe to the vast desert landscapes of the USA, this series is a global journey for everyone who loves exploring new places. Qualification spots for the Half Marathon and Marathon distances at the XTERRA Trail Run World Championship are awarded to the top individual finishers in each age group at the XTERRA O-SEE 25K and XTERRA O-SEE 50K, respectively. For more information on rankings, qualification rules and eligibility criteria, please visit the XTERRA Trail Run World Series website.

XTERRA European Trail Run Championship 2026

The XTERRA O-SEE Ultra Trail will host the XTERRA European Trail Run Championship 2026, featuring the Half Marathon distance (XTERRA O-SEE 25K SINGLE) and the Marathon distance (XTERRA O-SEE 50K SINGLE).



Introduction

Welcome to the Zittau Mountains

Welcome to Oybin, nestled in the heart of the Zittau Mountains Nature Park in the far southeast of Germany.

Located in the tri-border region where Germany, the Czech Republic and Poland meet, this landscape is made for trail running: dense forests, steep climbs, narrow trails and spectacular sandstone rock formations. The distinctive peaks of Hochwald, Lausche and Oybin rise above the surrounding countryside, while unique rock formations such as the Kelchstein give the region its unmistakable character.

The XTERRA O-SEE Ultra Trail takes you right through this remarkable landscape. You'll explore the Zittau Mountains along narrow trails, across ridgelines and through distinctive rock formations – discovering a region that may be small, but has an astonishing amount to offer.

And if you have some time to spare after the race, the surrounding area is well worth exploring.

In and around Oybin

- Oybin Castle and Monastery
- Kelchstein Rock
- Hochwald
- Jonsdorf Rock City
- Lausche Mountain

In Zittau

- The Great Zittau Lenten Veil
- Town Hall and Mars Fountain
- Salt House (Salzhaus)
- St. John's Church (Johanniskirche)
- Floral Clock (Blumenuhr)



Event Information

This athlete guide contains all the essential information you need for your race - from travel and the event schedule to the course, aid stations, safety and important race-day instructions.

XTERRA O-SEE Ultra Trail

Event dates: 16-18 October 2026

Location:

Oybin, Saxony, Germany

(50.840789 N, 14.744872 E)

Start & Finish:

Kurpark - An der Bürgerallee, 02797 Oybin

Race distances:

100K | 75K | 50K | 25K | 16K | 5.9K | 4K | 1.3K | 500 m | Walking

Organiser:

O-SEE Sports e.V. · Rosa-Luxemburg-Str. 32 · 02763 Zittau,
Germany

Special feature in 2026:

XTERRA Trail Run European Championships over the 25K
and 50K distances



Foto: Sportograf

YOUR ROAD TO GOZO STARTS AT O-SEE.

The XTERRA O-SEE Half and Full Marathons are official qualifiers for the XTERRA Trail Run World Championship. Top your division among the medieval ruins of the Zittau Mountains and punch your ticket to the cliffs of Gozo in 2027.



XTERRA
TRAIL RUN WORLD SERIES



 XTERRATrailRun

Venue

Naturpark Zittauer Gebirge - Kurort Oybin

The XTERRA O-SEE Ultra Trail takes place in Oybin, in the heart of the Zittau Mountains - one of Germany's smallest yet most distinctive low mountain ranges.

This traditional mountain village lies in the far southeast of Saxony, right at the tri-border junction of Germany, the Czech Republic and Poland, and in the heart of the Zittau Mountains Nature Park. With its distinctive sandstone landscape, rugged rock formations, dense forests, steep climbs and spectacular viewpoints, the region provides a truly unique setting for trail running.

The start and finish are located in Oybin. From here, the courses lead through the varied landscape surrounding Oybin, Hochwald, Kelchstein and the striking rock formations of the Zittau Mountains. The 100K route also extends into the Czech mountains.

Getting Here

By Car

From Dresden:

Take the A4 motorway towards Bautzen or Weißenberg, then follow the B178n towards Zittau.

From Zittau, follow the signs to Olbersdorf / Oybin.

From Berlin:

Take the A13 and A4 motorways towards Bautzen or Weißenberg, then follow the B178n towards Zittau and continue to Oybin.



From the Czech Republic:

From Prague, take the D10 towards Turnov, then continue on roads 35 / I/35 via Liberec and Hrádek nad Nisou to Zittau. From there, continue to Oybin.

From Poland: Cross the border in the Görlitz or Zittau area, then continue towards Zittau and Oybin.

By Plane

The nearest major airports are:

- Dresden Airport (DRS)
- Václav Havel Airport Prague (PRG)
- Copernicus Airport Wrocław (WRO)

The easiest way to continue your journey from these airports to Oybin is by car or rental car.

Navigation

For navigation in the region, we recommend Mapy.com or the Mapy app. The maps are particularly detailed in the Zittau Mountains and are also excellent for finding your way along hiking and trail-running routes.

Parking

Please use only the designated parking areas in and around Oybin. The village centre and access roads may be busier than usual during the event. A shuttle bus from Olbersdorf is available for participants in the 25K, 16K, 5.9K, 4K, 1.3K and 500 m races. Your shuttle ticket is included with your race registration. For a truly special arrival, you can also take the narrow-gauge railway, affectionately known as the “Bimmelbahn”, from Bertsdorf station to Oybin. You can find the current timetable here: <https://www.zittauer-schmalspurbahn.de/fahrplaene-tarife/hauptsaison-2/>

Up-to-date information about parking, access roads and any additional event parking areas will be provided in the event information and on-site signage.



Important Medical Information

Your safety is our top priority

Medical support is available both in the start/finish area and along the race course. Mobile emergency response teams are also patrolling the course and can be called to an incident by course marshals, volunteers or fellow athletes if needed.

There are no fixed medical stations along the course that you can visit independently. If you experience any health problems, please inform a course marshal or another member of the event team immediately. Alternatively, call the emergency number printed on your race bib or, in an emergency, dial ****112****.

Before the Start

If you do not feel well on race morning, we strongly recommend that you do not start.

If you decide not to start, please inform a race official or the medical team in the start/finish area. This is essential to ensure that you are not mistakenly reported as missing and that unnecessary search operations can be avoided.

During the Race

If you begin to feel unwell during the race, please seek medical assistance rather than trying to continue at all costs.

****Never hesitate to ask for help!****

A medical assessment will not result in a time penalty or disqualification. Your health always comes first.

If you experience any of the following symptoms during the race:

- Chest pain
- Pressure or tightness in the chest
- Shortness of breath or difficulty breathing
- Dizziness
- Numbness around the mouth or in the hands
- Difficulty concentrating
- A sudden cessation of sweating

****Stop racing immediately and notify the medical team without delay.****

An examination or treatment by the medical team does not count as unauthorised outside assistance.

You will not be disqualified or penalised if other people help you obtain medical assistance.

Conduct on the Course

The XTERRA O-SEE Ultra Trail takes you through terrain that can be remote and challenging. Please look out not only for your own safety but also for the safety of your fellow participants.

If you experience any health problems, ****immediately alert a course marshal, volunteer or anyone nearby**** and wait for medical assistance.

If you experience health problems, do not leave the course on your own if doing so could put you at risk. Follow the instructions of the medical team and event volunteers.

Helping Other Athletes

If you notice that another participant needs medical assistance:

- Provide assistance within your capabilities.
- Immediately notify a course marshal or volunteer.
- Make sure the medical team is alerted.
- If possible, stay with the affected person until help arrives.

You will not be disqualified or penalised for assisting someone in a medical emergency.

If possible, also provide the volunteers or medical team with the affected participant's race number.

After Crossing the Finish Line

Please do not leave the finish area until you:

- Can stand safely without support.
- No longer feel dizzy.
- Have had enough to drink.
- Have eaten something.
- Feel well again.

If you continue to feel unwell, please seek medical assistance before leaving the event site.

Insurance - Important Notice

Each participant is responsible for ensuring they have adequate **health and accident insurance coverage**.

The costs of medical treatment or hospital stays will be charged to the participant's personal health insurance or covered by their individual insurance policy, as applicable.

Issue of starting documents / Late Registration



Friday, 16 October 2026

2:00 pm – 8:00 pm

Saturday, 17 October 2026

From 3:00 am

Race pack collection and late registration:
Start/finish area in Kurpark, 02797 Oybin

Late registration is possible on site during the race pack collection hours, subject to remaining places, until 30 minutes before the respective race start.

A flat late registration fee of €10.00 applies in addition to the entry fee.

GPS-Tracker = Safety



To ensure the safety of our participants, all athletes taking part in the Ultra Trail distances (O-SEE 100K, O-SEE 75K, XTERRA O-SEE 50K and XTERRA O-SEE 25K) will be equipped with a GPS tracker.

The GPS tracker will be issued together with your race pack and must be worn throughout the entire race.

GPS tracking allows the event team to monitor participants' locations along the course and respond more quickly if assistance is needed.

Returning your GPS Tracker

The GPS tracker must be returned immediately after crossing the finish line at the designated return point.

If you withdraw from the race before finishing, you must hand in your GPS tracker and race bib at the relevant aid station. Please also inform the volunteers there that you are withdrawing from the race.

Important: a €100.00 fee will be charged for any GPS tracker that is not returned.

Race start times

O-SEE 100k	4:00 am
O-SEE 75k	6:00 am
XTERRA O-SEE 50k	8:00 am
XTERRA O-SEE 25k	10:45 am
O-SEE 16k	12:00 am
Light 5,9k / Walking 5,9k	12:15 pm
Juniors 4k	11:00 am
Youngsters 1,3k	11:05 am
Minis 500m	11:35 am

Start times may be subject to minor changes. Please check the website for the latest information and the current event schedule.

Race Briefing - Start/Finish Area

Friday, 16 October 2026, 5:30 pm
- Briefing for all race distances
Event venue: Kurpark



Equipment

The following equipment is recommended for all trail running distances:

- Mobile phone with the emergency number saved and the ability to share your location via WhatsApp, SMS or a similar app
- GPX-compatible smartphone or GPS watch with the route data for your respective distance saved
- Basic first-aid supplies (sports tape, elastic bandage, sterile dressing and plasters)
- Closed-toe trail running shoes with a grippy tread
- Weather-appropriate clothing
- Running backpack
- Whistle

Mandatory Equipment

The following equipment is compulsory for the specified distances:

- **100K / 75K / 50K / 25K / 16K:** Hydration container for collecting drinks at the aid stations
- **100K / 75K / 50K / 25K:** GPS tracker (issued at check-in in the start/finish area)
- **100K / 75K / 50K:** Water container with a minimum capacity of 1 litre
- **100K / 75K / 50K:** Energy gels and bars
- **100K / 75K / 50K:** Mobile phone (make sure your phone can make calls abroad)
- **100K / 75K / 50K:** GPX-compatible smartphone or GPS watch with the route data for your respective distance saved
- **100K / 75K:** Headlamp
- **100K / 75K:** Photo ID and health insurance card

Event Area



Start / Ziel / Siegerehrung
start / finish / award ceremony



Shuttle Bus / Bahn
shuttle bus / train



Parken P1-3
parking



Umkleide / Toilette
changing room / toilet



Gepäckaufbewahrung
luggage storage



Anmeldung / Startunterlagen
registration



Nachmeldung
late registration



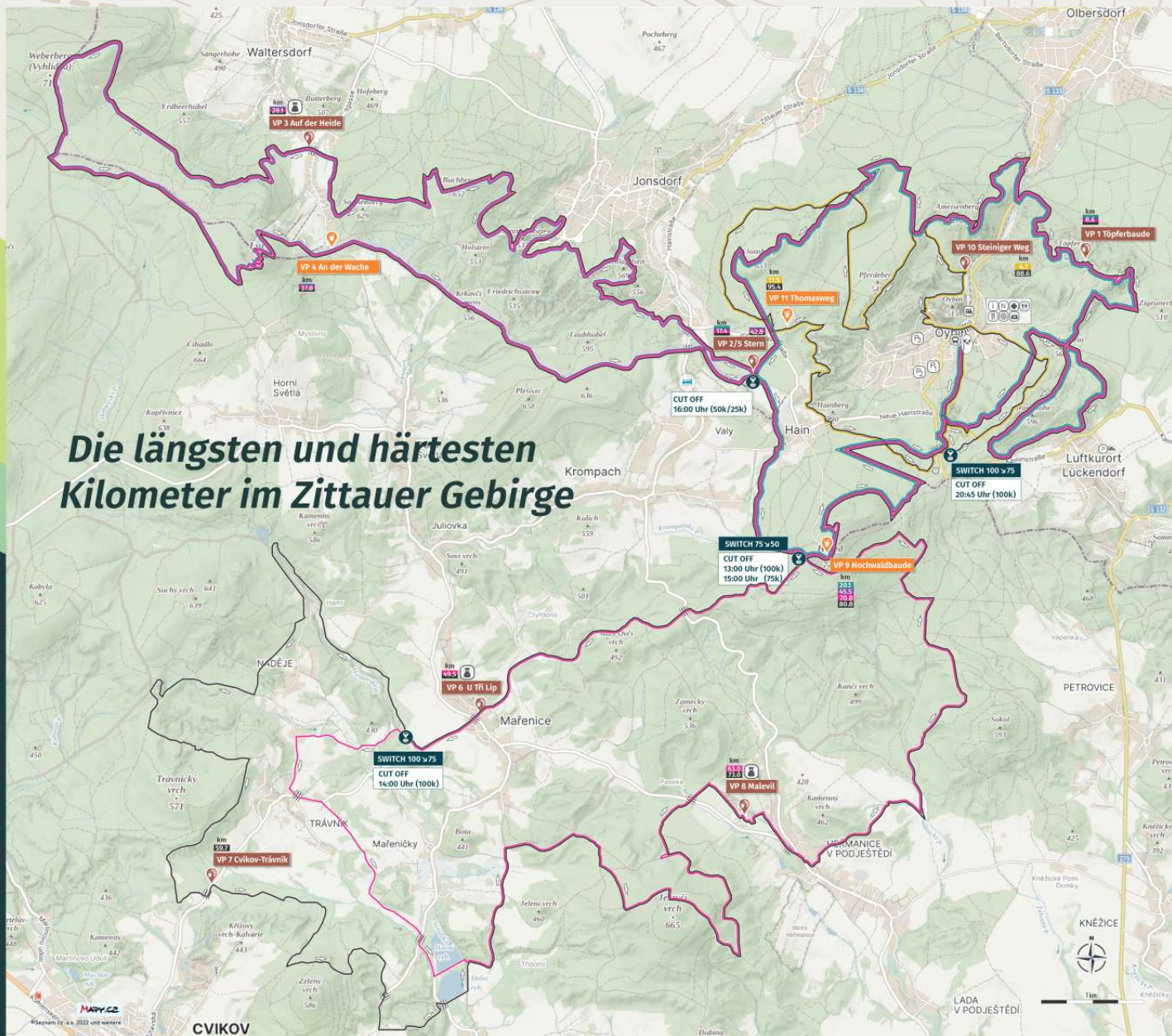
Pastaparty
pasta party



Zielverpflegung / Imbiss
target catering / snack



Erste Hilfe
first aid



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O-SEE ULTRA TRAIL

Strecken

100k 3.451 hm

ITRA 4 100K M NATIONAL LEAGUE

75k 2.718 hm

ITRA 3 100K M NATIONAL LEAGUE

50k 2.022 hm

ITRA 2 50K M NATIONAL LEAGUE

25k 1.053 hm

ITRA 1 20K M NATIONAL LEAGUE

16k 503 hm

20K M Sachsen Energy LAUFER-CUP



Getränke
drinks



Verpflegung
food and drinks



Eigenverpflegung
self-catering / drop bag



Cut off / Switch Point
cut off / switch point



Laufrichtung
running direction



Straßenquerung
road crossing



Aid Stations & Nutrition

- O-SEE 100k: - 11 aid and refreshment stations (including 3 personal aid stations)
- O-SEE 75k: - 8 aid and refreshment stations (including 3 personal aid stations)
- XTERRA O-SEE 50k: - 6 aid and refreshment stations (including 1 personal aid station)
- XTERRA O-SEE 25k: - 3 aid and refreshment stations
- O-SEE 16k: - 2 aid and refreshment stations

Additional refreshments will be available in the finish area.

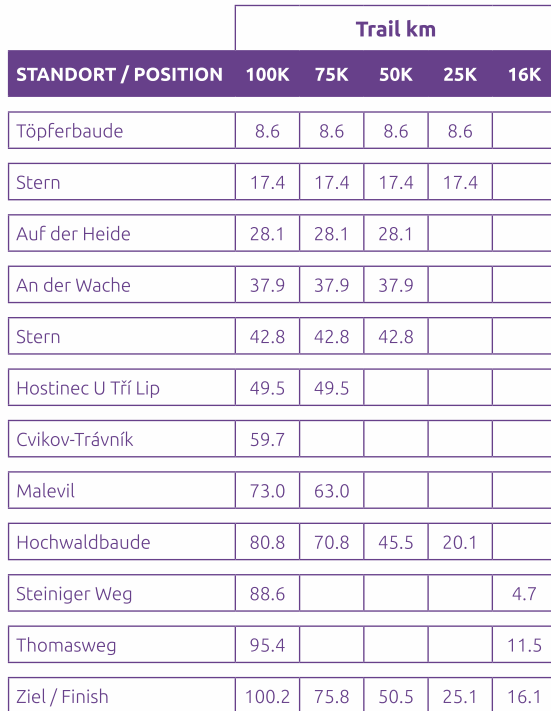
Participants in the O-SEE 100K, O-SEE 75K and XTERRA O-SEE 50K can have their personal nutrition supplies delivered to the aid stations at “Auf der Heide”, “Hostinec U Tří Lip” and “Malevil”.

To use this service, please hand in a container clearly labelled with your name, race number and the aid station location at the Refreshment Desk / baggage storage area in the event area by 8:00 pm on Friday at the latest. Please do not use glass containers.

No cups will be provided at the trail running aid stations. You must bring your own drinking containers to collect refreshments.

Fuelling up before a trail run is important. One great opportunity is our Pasta Party on the evening before the race, from 5:00 pm to 8:00 pm. You can book your meal directly when registering online (£5.00 per person).

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Getränke / Drinks								Essen / Food								
WASSER / WATER								GEKOCHE KARTOFFELN / COOKED POTATOES								
TAILWIND ENDURANCE FUEL MANDARIN								PASTA								
COLA & KOFOLA								KARTOFFELKNÖDEL / DUMPLINGS								
EISTEE / ICED TEA								MINI SALAMI								
APFELSCHORLE / APPLE SCHORLE								WÜRSTCHEN / SAUSAGE								
BANANENSAFT / BANANA JUICE								KÄSEWÜRFEL / CHEESE CUBES								
WARMER TEE / WARM TEA								GEWÜRZGURKEN / PICKLES								
KAFFEE / COFFEE								BANANEN / BANANAS								
ALKOHOLFREIES BIER / ALCOHOL-FREE BEER								QUETSCHIE / FRUIT POUCH								
BOUILLON WARM								PORRIDGE								
								MÜSLIRIEGEL / GRANOLA BARS								
								FRUCHTRIEGEL / FRUIT BARS								
								SCHOKOLADE / CHOCOLATE								
								GUMMIBÄRCHEN / GUMMY BEARS								
								CRACKER								
								PALATSCHINKEN / PANCAKE								
								BUCHTELN / YEAST BUNS								
								MUFFINS								
								BLECHKUCHEN / SLAB CAKE								
								SELF-CATERING (100K/75K/50K) *								

Mit Unterstützung von



Time Limits / Cut-Offs / Withdrawal from the Race

Switching to a Shorter Distance

Participants in the O-SEE 100K and O-SEE 75K may switch to the next shorter distance during the race. This option is available with timekeeping, but the participant will be classified as ****non-competitive**** (no official placing and no DUV ranking!).

The Race Office must be informed by phone or, at the latest, by notifying the course marshal at the designated switch point.

Participants in the O-SEE 100K who reach the cut-off point at ****K85 Brandsteinweg / Wiesenweg after 8:45 pm**** must head directly towards the finish by switching to the shorter route.

Switch Points

- O-SEE 100K -> 75K: Mařenice / Antonínovo údolí (50.807339 N, 14.666308 E) - K50
- O-SEE 100K -> 75K: Brandsteinweg / Wiesenweg (50.831850 N, 14.741903 E) - K85 (total distance: 86 km)
- O-SEE 75K -> 50K: Hochwald / Pod Hvozdem (50.822337 N, 14.722908 E) - K45

Withdrawing from the Race

If you withdraw at an aid station, you must hand in your race bib and GPS tracker.

If you withdraw unexpectedly at any point along the course, you must notify the Race Office by phone immediately. The emergency contact number is printed on your race bib.

Failure to report your withdrawal may result in search and rescue costs being charged to you.

If you withdraw from the race, transport back to the event area cannot be guaranteed, although the event team will try to arrange it where possible.

In the event of a medical emergency, call ****112**** immediately.

	Time limit	Target finish time	Cut off	Switch
O-SEE 100k	20 h	12:00 pm	K45: Hochwald/Pod Hvozdem (50.822337 N, 14.722908 E) Time: 1:00 pm K50: Mařenice/Antonínovo údolí (50.807339 N, 14.666308 E) Time: 2:00 pm K85: Brandsteinweg/Wiesenweg (50.831850 N, 14.741903 E) Time: 8:45 pm	- O-SEE 75k O-SEE 75k
O-SEE 75k	15 h	9:00 pm	K45: Hochwald/Pod Hvozdem (50.822337 N, 14.722908 E) Time: 3:00 pm	O-SEE 50k
XTERRA O-SEE 50k	10 h	6:00 pm	K43: Stern Jonsdorf (50.838489 N, 14.715849 E) Time: 4:00 pm	-
XTERRA O-SEE 25k	7.25 h	6:00 pm	K17: Stern Jonsdorf (50.838489 N, 14.715849 E) Time: 4:00 pm	-
O-SEE 16k	6 h	6:00 pm	-	-

Award Ceremony

The award ceremonies will take place in the start/finish area.

Trail Runs

Awards will be presented to the top male and female finishers according to the official results.

Time: To be announced on site, provisionally from 6:00 pm.

For the Marathon distance (XTERRA O-SEE 50K SINGLE) and the Half Marathon distance (XTERRA O-SEE 25K SINGLE), prize money will be awarded to the top three male and female finishers overall in each race, as follows:

- XTERRA O-SEE 50K: €1,000 / €600 / €400
- XTERRA O-SEE 25K: €300 / €200 / €100

Prize money paid to international participants is subject to withholding tax in accordance with applicable income tax regulations.

Light and Kids Runs

Awards will be presented to the top male and female finishers according to the official results.

Time: To be announced on site, provisionally from 12:30 pm.



Info's

Trail Run Checkpoints

Checks may be carried out at checkpoints along the trail running routes.

Course Markings

The routes are marked. However, markings may be missing or altered due to rain, wind, vandalism or well-meaning members of the public. All Trail Run participants are advised to carry a GPX-compatible smartphone or GPS watch with the track/route data for their respective distance saved. Participants should be able to navigate the course even if markings are missing.

Disqualification

Participants will be disqualified if they leave the designated course, fail to comply with the rules and regulations, miss a checkpoint, behave in an unsportsmanlike manner or engage in doping.

Drop Bags

Participants in the O-SEE 100K and O-SEE 75K may submit one drop bag. It will be placed at the aid station "Hostinec U Tří Lip" (K50) or "Malevil" (K73/K60), depending on the selected location, and then returned to the start/finish area.

Drop bags must be handed in by 8:00 pm on Friday at the latest at the Refreshment Desk / baggage storage area in the Event Area. Each bag must be clearly labelled with the participant's race number and the designated drop-off location.

After the race, bags can be collected from the Event Area between 4:00 pm on Saturday and 10:00 am on Sunday, upon presentation of the race number.

The organiser accepts no liability for theft, loss or damage to bags or their contents.

Miscellaneous

Dogs are not permitted to accompany participants on the course.

The conditions set out by the organiser, O-SEE Sports e. V., in the event announcement, competition rules, organisational guidelines and terms of participation are binding.

